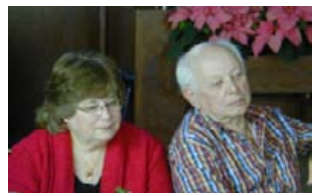




PRESIDING GUESTS

Lion President Charles Nelson presided and Lion Roy Minor offered the invocation.



We had a bumper crop of guests this week. PDG Owen Saupe and his wife Rebecca visited us from the Amadon Valley Lions Club in Pleasanton. Dave Stoner, car guy extradinnaire and the husband of our speaker, Francine Toder, and a



Lion in waiting, was on hand, as were two new perspective members, Douglas Lew and Joan Polcari, from Bay Area Prosthodontics here in Palo Alto.

HEAR YE!

Lion Jim Steiner explained the news dues structure that was passed by the Board at its last meeting. As a follow-up to this, we have mailed (this Saturday) a letter explaining it all so that you will have something in writing that you can refer to as needed.

PRESENTATION

Ilan Wurman and Sarah McDermott were on hand to receive our check for \$1,000 in support of the Gunn High School student journal, the *Partisan Review*. We will have copies on hand for those who are young at heart.



Planning for the Concoeurs is well underway. Our "Spring" Newsletter has gone out early to support our next event, the Crab Festival Car Show in February. Bruce Powell is herding Jaguars into the ring and Greg Smith is wrestling with the Cobras, so our marques are well in hand. Maurice



Lang has taken on The Drive, Lion Bill Downey has already sold vendor space on the new field, and Lion Tom Sutton is overseeing the Chopper, Art Deco and American Bantam/Austrian American exhibits.

DOOR PRIZE



The Door Prize, a humorous book, was donated by by Mary Lou Robson and won by our guest Owen Saupe. Future door prizes; Dec. 14 - Jim Steiner; Dec. 21 - Gil Gilfix; Jan. 4 - Al Thomas; Jan. 11 - Dan Armistead; Jan. 18 - Bruce Whitson



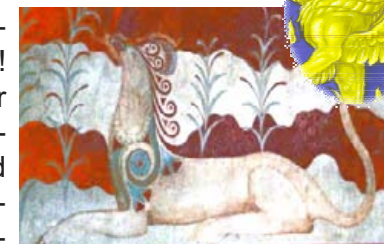
Meetings

- Dec 19 -Holliday party at the Univeristy Club
- Jan 24 - Peninsula Council, Doubletree Hotel, Burlingame



CHICKEN HEATED LIONS!

YOU, my friend, are a Chicken Heated, bird brained Lion! Now, now! Don't get your hackles up! The Chicken genome has just been sequenced



and an astounding thing been discovered. You may remember that, when the human genome was sequenced, we unexpectedly found that huge sections of our DNA evidently did nothing at all. They were isolated from the working DNA by stop codes that prevented RNA from using the DNA code to build useful proteins. Other animals have the same junk DNA which, it was thought, just hung around and accumulated small changes through the process of mutation. But it turns out that chicken DNA contains big sections of "junk" code that are identical to the corresponding "junk" code in our DNA - and in the DNA of Lions, too. All the mutations to this "junk" have been selected out and eliminated and this can happen only if the DNA code is being used for something important. So we have a whole bunch of chicken DNA in us that is doing something, but we don't know quite what. Preliminary work suggests that some of it is involved in deep brain structure and function, explaining, perhaps, the behavior of certain Lions who seem, quite naturally, to gravitate to Tail Twisting.

PROGRAM

Lion Bobbi Harold introduced Lion Dave Buchanan, our speaker chair for December, and Lion Dave introduced Dr. Farnicine Toder, a consulting psychologist specializing in management continuity and a member of the American Psychological Association's Red Cross Disaster Mental Health Response Network.



Francine was on hand to describe her experiences as a psychological councillor in the aftermath of the 911 attacks and at the Rockaway Beach airline crash. Her account was emotionally vivid and thought provoking. It's difficult to comprehend the human dimension of such enormous tragedies, but Francine did an excellent job explaining how stress and grief were managed.

You can find out about the history and activities of the APA Disaster Response Network at: <http://www.apa.org/practice/drnindex.html> and learn about Francine's business at: <http://www.managementcontinuity.com/pages/1/index.htm> .



- Dec 14 - Sue Lubais on Lions Youth Exchange Program
- Dec 19 - Holiday party at the University Club
- Dec 21 - Joe Hustine & Eric Kujawsky on the Redwood Symphony
- Dec 28 - No meeting



Remember to bring fruit for Elizabeth Seton School.